A Schematic Outline of Assessment Tools Used by PTs and OTs in Rehabilitation of Spinal Cord Injured Persons in Western Denmark 2013

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Aims
The aim of the schematic outline is to ensure that the most appropriate tests are used and that the specific performance of each test is carried out in accordance with international guidelines. In the long term we want to reach national agreement on selection and performance of tests.

Methods
All the tests were described in relation to: Name of the test, who is in charge of performing the test, indication for testing, when should we test, scientific references to SCI, is there a test manual?

Results and perspectives
The process of making the schematic outline has led to professional discussions and reflections on the quality and justification of our choice of tests and the actual performance of them. It has allowed visibility to the other professionals, which hopefully leads to a larger interdisciplinary understanding and collaboration of working with the tests, both in terms of more experienced professionals and in relation to new recruits. Finally, it has led us to consider implementing the Penn Spasm Frequency Scale and more hand function tests.

Conclusions
There is a need for continuous monitoring of tests in order to ensure the quality of the clinical effort and in relation to the opportunity to contribute to international research on the area.

The intention is to keep the schematic outline updated and kept electronically accessible for all professions at the Spinal Cord Injury Centre in Western Denmark.