

# Preventing and treating agitated behavior in patients with severe acquired brain injury

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Policy for neurorehabilitation of patients suffering from severe acquired brain injury showing agitated behavior.

## Professionalism

- Methods and ideas for rehabilitation of patients showing agitated behavior described in a catalogue
- Strategies derived from the understanding of the behavior of patients suffering from brain injury
- Development of staff competences (mentoring supplied by 2½ days internal educational courses).

## Organisation

- Focus on leadership (team structure, staff reactions, external assistance)
- Guideline for neurorehabilitation of patients suffering from acquired brain injury showing agitated behavior and resists care and treatment
- Key-staff on all wards who have special focus on patients showing agitated behavior and their colleagues reactions.



## Work environment

- Leaders, key-staff and work environmental representatives meet 4 times a year to discuss measures in relation to patients showing agitated behavior concerning work environment
- Plan for assistance for staff members in acute situations
- Registration of the staff members closest relatives
- Possibility of supervision, defusing and debriefing
- Registration of situations where staff members have been offended or abused.